



HOPE 4 WOMEN INTERNATIONAL



Hope 4 Women International is a 501 (c) 3 Organization

Whoever is kind to the **poor** lends to the Lord, and he will reward them for what they have done. Proverbs 19:17

January 2025!

- 1) Happy New Year!
- 2) Women Sponsorship
- 3) Local donation guidelines
- 4) Statement of Faith
- 5) Recipe!
- 6) Final Thoughts



Hope 4 Women International Dress a Girl Around the World! Happy New Year!

Happy New Year from all of us at Hope 4 Women/Dress a Girl!

We had a great year at Hope 4 Women/Dress a Girl. So far the numbers of dresses reported as being distributed in 2024 is 42,000. I know there were a LOT more than that so if you sent out dresses but didn't report them to me or to jordan@h4wi.org please do so so we can add your dresses to the count.

We also sponsored 100 women in business in Uganda. Our goal was 150 but we thank God for the 100 women who were sponsored. With an average of six to ten children per household that is a minimum of 600 to 1,000 lives impacted through your sponsorship! May God bless you richly for changing the destinies of so many!

If you ever wonder if what you do makes a difference—just know that it does! We may not ever hear that we have or it could be as is the case of Shirley, a lady from our church who just celebrated her 100th birthday. She was a science teacher and at her party we heard stories of people who were doctors and nurses who attributed their calling to the way Shirley taught science in their classrooms. That is quite a legacy!

We often receive letters from women who have been successful in their businesses. They thank us and their sponsors for literally changing their lives! Some have been so discouraged they've been on the brink of suicide. A sponsor came alongside of them and prayed for them and encouraged them through letters and sponsorship funds and now they are confident, successful business women who can hold their heads high and know that their children can be educated and live better lives because someone like you gave \$36 a month for one year. Thank you. On behalf of every woman who has been sponsored—Thank You!! You are totally making a difference.

WOMEN SPONSORSHIP!!

Jane was born May 3, 1979. She dropped out of school in primary 4 because she lacked school fees. In 2005 she got married to her husband Joseph who is a peasant farmer. They had 6 children; .

Jane Currently has no business but through the H4WI business program she plans to start selling fish and raising livestock. She believes that she will be able to pay school fees for her children and live a better life!



Jane Alwenyi

Religion that God our Father accepts as pure and faultless is this: to look after widows and orphans in their distress and to keep oneself from being polluted by the world. James 1:27

For \$36 a month for one year you can sponsor Jane or another woman in need.

Please contact Lisa@h4wi.org to sign up! today!

Sponsor a Woman!



Sponsored Woman's Name (if known) _____

Ministry Name (if known) _____

Rescue a woman from the grips of poverty and change her destiny!

Your tax-deductible one year commitment of \$36 a month will enroll a woman in our woman in business program in Uganda. At the end of one year she will graduate with a business of her own!

Contact Information:

Full Name: _____ Date: _____

Address: _____

City: _____ State: _____ Zip _____ Phone: _____

_____ Email: _____

Payment Information:

Please select your payment option below:

Annual  payment of \$432 by credit card, debit card or check

 Automatic debit or credit card monthly payment of \$36

Debit or Credit Card Number: _____ CVV# _____

Expiration Date: _____ Amount \$ _____

Name of card holder: _____

Signature of card holder: _____

Thank you for bringing the promise of God's hope to the life of a woman!

Hope 4 Women International: PO Box 14, Forest City, IA 50436
website: www.h4wi.org !!!! Contact: Lisa@h4wi.org

H4WI'S/DRESS A GIRL ACCEPTS DONATIONS FOR OUR GIFT



What We **Accept** As Donations:

- **Housewares:** small appliances, home décor, wall décor, etc.
- **Collectibles:** antiques, knickknacks and other giftware.
- **Domestics:** New or gently used clothing, coats, shoes and boots, jewelry, blankets, games, toys, sports equipment, etc.
- **Electronics:** Working stereos, radios, hand tools, and power tools etc.
- **Furniture:** dressers, tables, chairs, cabinets, etc.
- **Monetary Donations**

What We **Don't** Accept As Donations:

- **Housewares:** Glassware, dishes, utensils , etc.
- **Domestics:** Linens, curtains, books, etc.
- **Electronics:** DVDS, VHS, DVD players, televisions, computers, laptops, etc.
- **Furniture:** Mattresses, bed frames, pianos, couches, etc.
- **Large appliances:** Refrigerators, washers, dryers, freezers, stoves/ovens

Located: 35989 US-69, Forest City, IA 50436 Next To Wendy's
Way

Hours: Tuesday:10AM-3PM, Wednesday-Thursday: 10AM-1PM

Hope 4 Women International is a 501c3 non profit organization.

Both physical and monetary donations are tax deductible.



HOPE 4 WOMEN/DRESS A GIRL STATEMENT OF FAITH

- We believe the Bible to be the inspired, the infallible, authoritative Word of God. II Timothy 3:15-17

We believe that there is one God, eternally existent in three persons: Father, Son, and Holy Spirit. Matthew 28:19; Ephesians 4:4-6

We believe in the deity of our Lord Jesus Christ, in His virgin birth, in His sinless life, in His miracles, in His vicarious and atoning death through His shed blood, in His bodily resurrection, in His ascension to the right hand of the Father, and in His personal return in power and glory. John 1:1-4; Matthew 1:23; Philippians 2:5-11; Hebrews 1:1-4 & 4:15; Acts 1:11 & 2:22-24; I Corinthians 15:3-4

We believe that, for the salvation of lost and sinful persons, repentance of sin and faith in Jesus Christ results in regeneration by the Holy Spirit and that Jesus Christ is the only way of salvation.

Titus 3:4-7; Luke 24:46-47; Ephesians 2:8-9; John 14:6; Acts 4:12

We believe in the present ministry of the Holy Spirit whose indwelling enables the Christian to live a godly life. Galatians 5:16-18; Romans 8:9

We believe in the resurrection of both the saved and the lost; the saved unto the resurrection of eternal life and the lost unto the resurrection of damnation and eternal punishment. Revelation 20:11-15; I Corinthians 15:51-57

We believe in the spiritual unity of believers in our Lord Jesus Christ and that all true believers are members of His body, the Church. Ephesians 1:22-23; I Corinthians 12:12, 27

We believe that the ministry of evangelism is a responsibility of both the church and each Christian. Romans 10:9-15; Acts 1:8; Matthew 28:18-20; I Peter 3:15.

Although we are a Christian organization you do not have to be a Christian to participate or to be a recipient of our services. We know that Jesus loves everyone and commands us to do the same.

“Jesus replied: ‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: Love your neighbor as yourself...” Matthew 22:37-40

We serve every woman and girl at risk.

We believe everyone is worthy of love and respect.

Hope 4 Women International is committed to an anti-discrimination policy in all of its programs and services. H4WI is consciously and proactively inclusive of all areas of diversity including, but not limited to, race, ethnicity, color, national origin, ancestry, gender, sexual orientation, religion, age, socioeconomic status, marital status, language, disability, or immigration status.

RECIPE!

SWEDISH MEAT BALLS!



Ingredients

- 2 slices day-old white bread, crumbled
- ½ cup heavy cream
- 1 teaspoon butter
- 1 small onion, minced
- ¾ pound ground beef
- ⅓ pound finely ground pork
- 1 large egg
- 1 tablespoon brown sugar (Optional)
- 1 teaspoon salt
- ¼ teaspoon ground black pepper
- ¼ teaspoon ground nutmeg
- ¼ teaspoon ground allspice
- ⅛ teaspoon ground ginger (Optional)
- 1 tablespoon butter
- ¼ cup chicken broth
- 3 tablespoons all-purpose flour, or as needed
- 2 cups beef broth, or as needed
- ½ (8 ounce) container sour cream

Directions

1. Preheat the oven to 350 degrees F (175 degrees C).
2. Place bread crumbs into a small bowl; mix in cream. Allow to stand until crumbs absorb cream, about 10 minutes.
3. Meanwhile, melt 1 teaspoon butter in a skillet over medium heat; cook and stir onion until light brown, about 10 minutes. Transfer onion to a mixing bowl.
4. Mix ground beef, ground pork, egg, brown sugar, salt, black pepper, nutmeg, allspice, and ginger with onion in the mixing bowl. Lightly mix in bread crumbs and cream.
5. Melt 1 tablespoon butter in a large skillet over medium heat. Pinch off about 1 ½ tablespoons meat mixture per meatball; form into balls. Place meatballs into the skillet and cook, turning often, until browned, about 5 minutes. Insides of meatballs will still be pink.
6. Place browned meatballs into a baking dish, pour in chicken broth, and cover with foil.
7. Bake in the preheated oven until meatballs are tender, about 40 minutes. Remove meatballs to a serving dish.
8. Pour pan drippings into a saucepan over medium heat. Whisk flour into drippings until smooth.
9. Gradually whisk in enough beef broth to total about 2 ½ cups liquid.
10. Bring gravy to a simmer, whisking constantly, until thickened, about 5 minutes.
11. Just before serving, whisk in sour cream. Season with salt and black pepper. Serve gravy with meatballs.

FINAL THOUGHTS

Our Women in Business Sponsorship Goal was

150 women sponsored in 2024

With your help we did sponsor 100!

**Thank you for changing the destiny of 100 women and their children/
grandchildren!**

Email lisa@h4wi.org to sponsor a woman today!

**Let's make this the best year yet for impacting women and girls
around the world!**

**Dress a Girl is also on TikTok showing videos of people around the
world distributing dresses and some fun Dress a Girl Family videos as
well. If you have a DAG video to show off on our TikTok page please
email it to rachel@h4wi.org**

**[https://www.tiktok.com/@dressagirlaroundtheworld?
t=8sheFwVaM62&r=1](https://www.tiktok.com/@dressagirlaroundtheworld?t=8sheFwVaM62&r=1)**

**Please like us on Facebook!
Official Page for Dress a Girl Around the World
And
Hope 4 Women International
We're on Instagram too!
Thank you for your continued support!**

**If you'd like to make a tax-deductible financial gift, allowing us to continue reaching our world,
we'd appreciate it so very much!**

**Please mail a check to:
Hope 4 Women International
PO Box 14
Forest City, IA 50436**

Or: <https://www.dressagirlaroundtheworld.com/general-4>

Or Donate through Venmo @H4WIDAG