

Mission Trips

Join us on a Hope 4 Kids International team to take part in unforgettable outreaches to the women of Uganda and other places throughout the world. Hope 4 Women International volunteers not only make an incredible difference in the lives of hundreds of women but as a part of the Hope 4 Kids International teams, also indulge in the rich culture of the country they are serving.

Find out more at H4KI.Org/International-missions

Victory Gardens

Women in our program can join a Victory Garden Co-op. They pay a small fee to join and in return are given the tools and training in growing successful crops. This gives the women a second business opportunity in addition to their startup through the sponsorship program. When they exit the year long program, they can remain a part of the co-op. If their new businesses are so active they don't have time to tend their crops they can give another woman a hand up by hiring her to do so. This increases the women's status as businesswomen & gives women waiting to be sponsored a small income and experience in growing crops.

Four Pillars of Hope

Hope 4 Women International reaches out to women at risk in the communities we serve by bringing hope through our 4 Pillars of Hope: Dignity, Health, Joy & Love. By responding to critical needs, we can significantly impact lives & assist women who are struggling to survive in destitute communities.

Health:

We relieve feeling of hopelessness experienced by individuals & communities through:

- o Life-saving hygiene & sanitation training
- o Providing life-saving medicine & Emergency Medical Care
- o HIV/AIDS prevention, education, & counseling

Dignity:

H4WI restores a sense of worth within vulnerable women in communities suffering from extreme poverty by:

- o Providing seamstress/garment construction training
- o Women in Business Sponsorship Program
- o Teaching proper gardening techniques
- o Helping with start-up businesses

Joy:

H4WI brings women together for an afternoon of spa treatments and laughter. Kneeling before each woman, a team member washes their feet, paints their finger & toenails, applies lipstick & gifts them with vibrant headscarves. While enjoying the moment, they're surprised with practical gifts of soap, beans, wash basins & other items.

Love:

As a Christian organization, the foundation of everything we do is to show the love of Jesus. We make great efforts to ensure we exemplify love in a way that spreads. Our hope is that once the people we help experience God's love, they will pass it on to their communities.



Dress a Girl Around the World

Imagine a world where every girl owned at least one new dress. Dress a Girl Around the World provides pattern guidance, ways to be involved and opportunities to deliver or help fund the delivery of dresses to girls around the world.

People across the globe are uniting to sew simple dresses, following our guidelines on our website and distributing them to girls in need. Together we've dressed nearly 4,000,000 girls!

Find us at Dressagirlaroundtheworld.com

